

YDL 2025 LOWER AGE GROUP LEAGUE STRUCTURE - SOUTHERN (as at 11 February)

Premier		Date & Venue
1	Blackheath & Bromley Harriers & AC	SUN 29 Jun at Norman Park, Bromley
2	Bracknell AC	
3	Herne Hill Harriers	
4	Reading AC	SUN 20 Jul at Palmer Park, Reading
5	Tonbridge AC	SUN 1 Jun at Tonbridge school athletics track
6	Woodford Green with Essex Ladies AC	SAT 3 May at Ashton Playing Fields

Top 2 teams to National Final

Bottom 2 teams relegated to Division 1A, B, C, D, or E

Division 1A		Date & Venue
1	Bournemouth & New Forest Jnrs ©	SUN 1 Jun at Kings Park, Bournemouth
2	Chichester Runners & AC	SUN 20 Jul at Southampton Sports centre
3	City of Portsmouth AC	SUN 29 Jun at Mountbatten Stadium, Portsmouth
4	Southampton AC	
5	Team Dorset ©	
6	Winchester & District AC	SAT 3 May at University of Winchester

Division 1B		Date & Venue
1	Basildon AC	
2	Bexley AC	
3	Croydon Harriers	SUN 29 Jun at Weir Archer Athletics Track, Kingsmeadow
4	Havering AC	SAT 3 May at Hornchurch Stadium
5	Newham & Essex Beagles AC	SUN 1 Jun at Mile End Stadium
6	Victoria Park & Tower Hamlets AC	SUN 20 Jul at Mile End Stadium

Division 1C		Date & Venue
1	Chiltern Harriers AC	SUN 1 Jun at Wycombe district athletics complex
2	Dacorum AC	
3	Momentum Track Club	
4	Oxford City AC	SUN 20 Jul at Horspath stadium
5	Vale of Aylesbury AC	
6	Windsor, Slough, Eton & Hounslow AC	SAT 3 May at Thames Valley Athletics Centre (Eton)
7	Wycombe Phoenix AC	SUN 29 June at Wycombe district athletics complex

Division 1D		Date & Venue
1	Brighton & Hove AC	SUN 1 Jun at Withdean stadium
2	Cambridge Harriers	SUN 29 Jun at Sutcliffe Park
3	Crawley AC	
4	Dartford Harriers AC	SUN 20 Jul at Central Park Arena, Dartford
5	Hastings AC	SAT 3 May at William Parker Arena
6	HY AC	
7	Lewes AC	
8	Paddock Wood & Folkestone©	

Division 1E		Date & Venue
1	Epsom & Ewell Harriers	
2	Guildford & Godalming AC	SUN 1 Jun at Spectrum LC, Guildford
3	Hillingdon AC	
4	Holland Sports & Dorking & Mole Valley ©	SUN 20 Jul at Weir Archer Athletics Track tbc
5	Kingston AC & Polytechnic Harriers	SAT 3 May at Weir Archer Athletics Track
6	St. Mary's Richmond AC	SUN 29 Jun at Sir Mo Farah Stadium, Twickenham
7	Walton AC	

© = composite team

Top teams in divisions 1A, 1B, 1C, 1D and 1E will be invited to a paper match to decide on promotion to the Premier division.