

YDL 2023 LOWER AGE GROUP NORTH

NORTHERN PREMIER EAST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	City of York AC	24	2361	6	614	6	590	6	546	6	611
2	Harrogate Harriers & AC	19	1900	5	478	5	492	4	458	5	472
3	Hallamshire Harriers	14	1659	4	454	4	417	5	462	1	326
4	Leeds City AC	11	1508.5	3	368	2	350	3	427	3	363.5
5	Kingston upon Hull AC	11	1481	2	362	3	364	2	353	4	402
6	Lincoln Wellington AC	5	1307.5	1	303	1	345	1	330	2	329.5

To National Final

Top team to National Final
Bottom two teams to East 1 division

NORTHERN PREMIER WEST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Wirral AC	23	2042.5	5	511.5	6	568	6	406	6	557
2	Liverpool Harriers & AC	21	1959.5	6	540	5	504	5	395	5	520.5
3	Trafford AC	13.5	1744.5	4	466.5	3.5	461	4	371	2	446
4	Preston Harriers	13.5	1687	3	426	3.5	461	3	336	4	464
5	Sale Harriers	9	1657	2	425	2	458	2	322	3	452
6	Blackburn Harriers & AC	4	1292.5	1	342	1	309	1	282	1	359.5

To National Final

Top team to National Final
Bottom two teams to West 1 division

NORTHERN EAST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Chesterfield & District AC	19	1727	4	379	5	442	5	468	5	438
2	Rotherham Harriers & AC	13	1360.5	2	309	4	360.5	4	349	3	342
3	Gateshead Harriers & AC	12	1377	5	393	3	334	2	336	2	314
4	City of Sheffield & Dearne AC*	9	1313.5	3	359	1	305.5	1	301	4	348
5	Doncaster AC	7	1282	1	298	2	328	3	345	1	311

* points deducted for overuse of an athlete

Top two teams promoted to Premier East

NORTHERN WEST 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	West Cheshire AC	24	1978	6	510	6	495	6	431	6	542
2	Deeside AAC	19	1868	5	488	4	447	5	394.5	5	538.5
3	Team IOM Youth@	16	1681	4	477	5	461	3	301.5	4	441.5
4	Southport Waterloo AC	12	1652	3	446	2	422	4	346	3	438
5	Bolton United Harriers	9	1384	2	403	3	432	2	266	2	283
6	Blackpool, Wyre & Fylde AC	4	1077	1	280	1	328	1	210	1	259

Top two teams promoted to Premier West

Bottom two teams relegated to West 2

NORTHERN WEST 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Leigh Harriers & AC	27	2195.5	6	525	7	532	7	583.5	7	555
2	Wigan & District Harriers & AC	22	1874	4	395	6	458	6	537	6	484
3	East Cheshire H & Tameside AC	20	1815	5	458	5	428	5	451	5	478
4	Crewe & Nantwich AC*	19	1663	7	547	4	410.5	4	405.5	4	300
5	Macclesfield Harriers & AC	10	1249	3	364	1	251	3	382	3	252
6	Stockport Harriers & AC	8	1168	2	322	2	279	2	354	2	213
7	Menai Track & Field	6	851.5	1	259	3	284.5	1	115	1	193

*Points deducted for overuse of an athlete

Top two teams promoted to West 1

Bottom three teams relegated to West 3N or 3S

NORTHERN WEST 3N		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Warrington AC	23	1795	6	470	6	459	5	397	6	469
2	Horwich RMI Harriers & AC	18	1302.5	5	375	5	344	3	241	5	342.5
3	Team North Cumbria@	16	1369	3	314	3	299	6	475	4	281
4	Border Harriers & AC	10	893	2	198	2	204	4	331	2	160
5	Bury AC	10	867.5	4	320	4	322	1	80	1	145.5
6	Lancaster & Morecambe AC	4	510	1	166	1	194	2	150	0	0

Match 4 no paperwork received, not scrutinised

Top team promoted to West 2

NORTHERN WEST 3S		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	St. Helens Sutton AC	19	927	5	298	5	238	5	197	4	194
2	Colwyn Bay AAC	14	748	4	227	4	197	4	193	2	131
3	Salford Metropolitan AC*	11	520	3	182	3	124	2	73	3	141
4	Altrincham & District AC	9	487	2	143	1	63	1	69	5	212
5	Wrexham AAC	7	362	1	101	2	82	3	115	1	64

Match 2 no paperwork received, partial results.

*Points deducted for overuse of an athlete

Top team promoted to West 2

YDL 2023 LOWER AGE GROUP MIDLAND

MIDLAND PREMIER NORTH/EAST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Rugby & Northampton AC	18	1907	6	664	6	635	6	608
2	Marshall Milton Keynes AC	15	1589.5	5	492	5	523	5	574.5
3	Charnwood AC	11	1333.5	4	427	3	425	4	481.5
4	Birchfield Harriers	9	1117	2	321	4	428	3	368
5	Notts AC	7	1085	3	384	2	350	2	351
6	Coventry Godiva Harriers	3	740	1	300	1	196	1	244

Top three teams to Regional Final
Bottom two teams to N/E Area Promotion match

MIDLAND PREMIER SOUTH/WEST		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Cheltenham & County Harriers	17	1715.5	6	586.5	6	598.5	5	530.5
2	Cardiff Athletics	14	1534.5	3	467	5	514	6	553.5
3	Swindon Harriers	12	1488	4	488.5	4	487.5	4	512
4	Swansea Harriers AC	10	1360	5	509	2	373.5	3	477.5
5	Yate & District AC	7	1141	2	343	3	417.5	2	380.5
6	Newport Harriers	3	918	1	304	1	284	1	330

Top three teams to Regional Final
Bottom three teams to S/W Area Promotion match

MIDLANDS NORTH/EAST A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Derby AC*	21	1746.5	7	624	7	597.5	7	525
2	Burton AC*	17	1461	5	464	6	515.5	6	481.5
3	Amber Valley & Erewash AC	16	1386	6	472	5	465	5	449
4	Mansfield Harriers & AC	12	1217.5	4	433	4	393	4	391.5
5	Rushcliffe AC	9	981	3	314	3	315	3	352
6	Sutton-in-Ashfield Harriers AC	5	519	2	158	2	205	1	156
7	Notts Lincs Alliance©	4	510	1	146	1	138	2	226

*points deducted for overuse of an athlete

Top team to N/E Area Promotion match

MIDLANDS NORTH/EAST B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Solihull & Small Heath AC	15	1541	5	547	5	493	5	501
2	Tamworth AC	12	1149	4	363	4	423	4	363
3	Nuneaton Harriers	8	527	3	196	3	179	2	152
4	Leamington C & AAC	5	464	2	186	2	148	1	130
5	Bicester AC	5	322	1	58	1	102	3	162

Top team to N/E Area Promotion match

MIDLANDS NORTH/EAST C		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Northampton AC	14	1215	4	388	5	424	5	403
2	Royal Sutton Coldfield AC	13	1189.5	5	419	4	379.5	4	391
3	Saffron AC	8	853.5	3	299	3	319.5	2	235
4	Leicester Coritanian AC	7	747	2	229	2	240	3	278
5	Daventry AAC	3	369	1	117	1	125	1	127

Top team to N/E Area Promotion match

MIDLANDS NORTH/EAST D		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Cannock & Stafford AC	17	1241.5	5	404	6	385	6	452.5
2	Worcester AC	16	1165	6	453	5	383	5	329
3	Wolverhampton & Bilston AC	11	986	4	331.5	4	371	3	283.5
4	Telford AC	9	892	2	243	3	341	4	308
5	Kidderminster & Stourport AC	7	848.5	3	313.5	2	283	2	252
6	Dudley & Stourbridge Harriers*	3	516	1	148	1	162	1	206

* points deducted for overuse of an athlete

Top team to N/E Area Promotion match

MIDLANDS NORTH/EAST E		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	City of Stoke AC	15	1403	5	464	5	476	5	463
2	Shrewsbury AC	11	910	3	282	4	320	4	308
3	Tipton Harriers	9	843	4	284	2	272	3	287
4	Bromsgrove & Redditch AC	7	798	2	242	3	303	2	253
5	Halesowen A & CC	3	552	1	183	1	161	1	208

Top team to N/E Area Promotion match

MIDLANDS SOUTH/WEST A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	South Wales©	14	1183	4	402	5	377	5	404
2	Gloucester AC	11	1125	5	409	2	327	4	389
3	Gwent Harriers©	10	1028	3	331	4	359	3	338
4	Bristol & West AC/Mendip AC©	7	926	2	288	3	343	2	295
5	Team Green©	3	646	1	244	1	233	1	169

Top two teams to Area Promotion match

MIDLANDS SOUTH/WEST B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Neath Harriers	14	1081	5	325	5	377	4	379
2	Cardiff Archers AC	13	1075.5	4	321	4	343	5	411.5
3	Team Bath AC	7	837	3	320	2	259	2	258
4	North Somerset AC	6	837.5	2	259	3	325	1	253.5
5	Llanelli AC	5	697	1	216	1	207	3	274

Top two teams to Area Promotion match

Saturday 22nd July

Midland Regional Final		Points
at Swindon		
1	Rugby & Northampton AC	620.6
2	Cheltenham & County Harriers	510.3
3	Cardiff Athletics	502
4	Marshall Milton Keynes AC	445.3
5	Swindon Harriers	423.6
6	Birchfield Harriers	334.3

National Final
National Final

Saturday 22nd July

N/E Area promotion		Points
at Stoke		
1	City of Stoke AC	569
2	Solihull & Small Heath AC	544
3	Notts AC	485
4	Derby AC	481.5
5	Cannock & Stafford AC	414
6	Northampton AC	325
7	Coventry Godiva Harriers	288.5

Saturday 22nd July

S/WArea promotion		Points
match at Yate		
1	Yate & District AC	593
2	Swansea Harriers	536
3	Gloucester AC	509
4	Newport Harriers*	417
5	Cardiff Archers AC	397
6	Neath Harriers	364
7	South Wales©	353

* points deducted for overuse of an athlete

YDL 2023 LOWER AGE GROUP SOUTH

SOUTHERN PREMIER		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Blackheath & Bromley Harriers AC	22	2316	6	573.5	6	607.5	6	607	4	528
2	Tonbridge AC	19	2001	5	492	4	461	5	510	5	538
3	Reading AC	14	1886.5	4	485.5	3	436	4	504	3	461
4	Havering AC	13	1832.5	3	478.5	2	424	2	387	6	543
5	Team Dorset©	11	1804	2	429	5	530	3	465	1	380
6	Basildon AC	5	1443	1	366.5	1	363.5	1	316	2	397

To national final
To national final

Top two teams to National Final
Bottom two teams relegated to Division 1A or 1B

SOUTHERN Division 1A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Winchester & District AC	28	2464	7	668	7	590	7	613.5	7	592.5
2	Guildford & Godalming AC	23	2315.5	6	606.5	6	585.5	6	567.5	5	556
3	Bracknell AC	21	1977	5	480.5	5	480.5	5	453	6	563
4	Windsor, Slough, Eton & Hounslow AC	16	1831.5	4	419	4	436.5	4	448	4	528
5	Hillingdon AC	12	1662.5	3	399	3	432	3	384.5	3	447
6	St Mary's Richmond AC	7	1303.5	2	360.5	2	385.5	2	297	1	260.5
7	Chiltern Harriers	5	1219	1	320.5	1	355	1	266.5	2	277

Top team promoted to Premier division.
Bottom two teams relegated to division 2A

SOUTHERN Division 1B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Woodford Green with Essex Ladies AC	28	2643	7	662	7	668	7	672	7	641
2	Brighton & Hove AC	19	2024.5	6	553.5	4	470	5	514	4	487
3	Croydon Harriers	19	1912	3	404	5	495	6	523	5	490
4	Herne Hill Harriers	15	1814.5	5	465	2	419	2	417.5	6	513
5	Crawley AC	14	1892.5	4	460	3	458	4	493.5	3	481
6	Cambridge Harriers	13	1812	2	397	6	543	3	449	2	423
7	Team Bedfordshire©	4	990.5	1	348.5	1	262	1	175	1	205

Top team promoted to Premier division
Bottom two teams relegated to division 2B

SOUTHERN Division 2A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Bournemouth & New Forest Jnrs©	24	2145	6	537	6	503	6	565	6	540
2	City of Portsmouth AC	17	1594	4	373	4	392	5	420	4	409
3	Kingston AC & Polytechnic H	16	1584.5	5	415	5	486	4	396	2	287.5
4	Chichester Runners & AC	10	1297	1	276	2	261	2	264	5	496
5	Vale of Aylesbury AC	10	1197.5	3	308	3	305	3	325	1	259.5
6	Southampton AC	7	1054	2	282	1	244	1	234	3	294

Top two teams promoted to Division 1A
Bottom two teams relegated to division 3A

SOUTHERN Division 2B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Bexley AC	23	2116.5	5	485	6	482	6	565	6	584.5
2	Dartford Harriers	21	2119.5	6	559	5	477	5	511	5	572.5
3	Victoria Park & Tower Hamlets AC	15	1679.5	4	438.5	3	380	4	472	4	389
4	Paddock Wood/Folkestone RC©*	11	935.5	3	245.5	2	219	3	238	3	233
5	Lewes AC	8	817	2	225	4	454	1	78	1	60
6	Hastings AC	6	770	1	179	1	191	2	169	2	231

*Points deducted for overuse of an athlete

Top two teams promoted to Division 1B
Bottom two teams relegated to division 3B

SOUTHERN Division 3A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		3rd June		8th July		22nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Oxford City AC*	18	1389	5	361.5	4	351	5	423.5	4	253
2	Wycombe Phoenix AC	17	1525	3	331.5	5	438	4	400	5	355.5
3	Woking AC	12	1059	4	358	2	234	3	245	3	222
4	Walton AC*	9	1017	2	312	3	299	2	212.5	2	193.5
5	Holland Sports AC	4	538	1	97	1	191	1	113	1	137

*Points deducted for overuse of an athlete

Top two teams promoted to Division 2A

YDL 2023 LOWER AGE GROUP SCOTLAND

SCOTLAND CENTRAL DIVISION 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		4th June		2nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Team North Lanarkshire©	23	1241.5	8	436	7	401.5	8	404
2	Giffnock North	22	1261	7	430	8	445.5	7	385.5
3	Edinburgh AC	18	1082	6	378	6	363.5	6	340.5
4	Team Ayrshire©	13	962.5	5	363	4	299	4	300.5
5	Kilmarnock Harriers	9	925	1	283	5	343	3	299
6	Pitreavie AAC	9	908	2	318	2	282	5	308
7	Team South Lanarkshire©	7	897	3	323	3	293.5	1	280.5
8	Victoria Park Glasgow AC	7	892	4	332	1	275	2	285

Top five clubs to Scottish final

Bottom club relegated to Division 2

SCOTLAND CENTRAL DIVISION 2		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		4th June		2nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Falkirk Victoria Harriers	21	1105	5	317	8	390	8	398
2	Harmeny AC	21	1005.5	8	412	7	344.5	6	249
3	Kilbarchan AC	20	970	7	359	6	335	7	276
4	Team East Lothian©	15	891.5	6	337	5	330.5	4	224
5	Clydesdale Harriers & Helensburgh AC©	9	783	1	257	3	283	5	243
6	Central AC	8.5	723	3	279	4	287	1.5	157
7	Dunfermline Track & Field Club	8	639	4	293	1	160	3	186
8	Shettleston Harriers	5.5	664	2	269	2	238	1.5	157

Top club to Scottish final

Top club promoted to Division 1. Bottom club into paper match as necessary

SCOTLAND NORTH EAST DIVISION 1		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	7th May		4th June		2nd July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Inverness Harriers	20	1747.5	7	588.5	6	584	7	575
2	Aberdeen AAC	18	1726	6	583	7	598	5	545
3	Dundee Hawkhill Harriers	16	1546.5	5	527.5	5	460	6	559
4	Team North©	11	824	3	267	4	290	4	267
5	Banchory Stonehaven AC	10	649.5	4	310.5	3	166	3	173
6	Arbroath & District	5	425	2	179	2	120	1	126
7	Montrose & District/Perth Strathtay©	4	284.5	1	126.5	1	10	2	148

Top two clubs to Scottish final

WINNER OF SCOTTISH REGIONAL FINAL - Sun 6th August at Grangemouth - TO NATIONAL FINAL

Scotland Regional Final		
Sun 6th Aug		
1	Giffnock North	
2	Team North Lanarkshire©	
3	Edinburgh AC	
4	Falkirk Victoria Harriers*	
5	Kilmarnock Harriers	
6	Inverness Harriers	
7	Aberdeen AAC	
8	Team Ayrshire©	

* points deducted for overuse of an athlete

YDL 2023 UPPER AGE GROUP NORTH

NORTHERN PREMIER EAST		TOTAL	TOTAL	30th April		28th May		25th June	
		LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	City of York AC	24	3006	8	1032	8	979	8	995
2	Gateshead Harriers & AC	19	1677	7	640	6	565	6	472
3	Kingston upon Hull AC	18	1571	6	536	5	514	7	521
4	City of Sheffield & Dearne AC	14	1392	5	462	4	483	5	447
5	Kingdom Athletic©	14	1335	4	439	7	598	3	298
6	Lincoln Wellington	10	932	3	309	3	296	4	327
7	Doncaster AC	6	736	2	240	2	260	2	236
8	Chesterfield & District AC	3	547	1	184	1	186	1	177

To National Final

Top team to National Final

NORTHERN PREMIER WEST		TOTAL	TOTAL	30th April		28th May		25th June	
		LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Trafford AC	17	1655	6	612	5	559	6	484
2	Wirral AC	16	1675	5	572	6	622	5	481
3	Blackburn Harriers & AC	9	1304	2	454	3	430	4	420
4	Liverpool Harriers & AC	9	1148	4	466	4	449	1	233
5	Preston Harriers	8	1171	3	457	2	415	3	299
6	Sale Harriers Manchester	4	1039	1	438	1	331	2	270

To National Final

Relegated to West 1

Relegated to West 1

Top team to National Final

Bottom 2 teams relegated to West 1

NORTHERN WEST 1		TOTAL	TOTAL	30th April		28th May		25th June	
		LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	North Wales© *	20	1922	7	732.5	7	664	6	525.5
2	Lancaster & Morecambe AC**	19	1750	6	519	6	652	7	579
3	West Cheshire AC	15	1432.5	5	484	5	576	5	372.5
4	Blackpool, Wyre & Fylde AC*	10	1034	4	392	2	273	4	369
5	Crewe & Nantwich AC*	9	924.5	3	368.5	4	309	2	247
6	Stockport Harriers	8	930	2	341	3	281	3	308
7	Southport Waterlōo	3	506	1	318	1	100	1	88

Promoted to Premier West

Promoted to Premier West

Relegated to West 2

Relegated to West 2

NB * Points adjusted for contravening rules 11.1

Top 2 teams promoted to Premier West division

NB # Points adjusted for contravening rules 11.2

Bottom two teams relegated to West 2

NB** Ineligible athlete in Match 3 removed

NORTHERN WEST 2		TOTAL	TOTAL	30th April		28th May		25th June	
		LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Leigh Harriers & AC	24	1434	8	466	8	501	8	467
2	Wigan & District Harriers & AC	19	963	6	387	7	303	6	273
3	Team North Cumbria©	16	964	5	297	4	251	7	416
4	M60 Nomads©	12	735.5	7	459.5	5	276	0	0
5	Horwich RMI Harriers & AC	10	576	3	211	3	240	4	125
6	Bolton United Harriers & AC	10	564	4	283	6	281	0	0
7	Border Harriers & AC	8	564.5	2	166.5	1	160	5	238
8	St. Helens Sutton AC	6	481	1	161	2	227	3	93

Promoted to West 1

Promoted to West 1

NB # Points adjusted for contravening rules 11.2

Top two teams promoted to West 1

15/08/2023

YDL 2023 UPPER AGE GROUP SOUTH

SOUTHERN PREMIER		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	30th April		28th May		25th June		30th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Blackheath & Bromley Harriers	24	2988	6	752.5	6	692	6	786.5	6	757
2	Harrow & Dacorum ©	20	2597.3	5	696	5	661.3	5	631	5	609
3	Windsor, Slough, Eton & Hounslow	14	2210.5	4	578.5	2	558	4	573	4	501
4	Shaftesbury Barnet Harriers*	11	2061	3	555	4	598	3	529	1	379
5	Reading AC*	10	1991.8	2	481.5	3	577.3	2	448	3	485
6	Crawley AC	5	1799.3	1	423.5	1	514.3	1	411.5	2	450

National Final
National Final

NB *Points deducted for overuse of athlete(s)

Top 2 teams to National Final.

Bottom 2 teams relegated to Division 1A or 1B

SOUTHERN DIVISION 1A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	30th April		28th May		25th June		30th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Portsmouth & Winchester©*	25	2506.5	7	770.5	6	573	7	597	5	566
2	Brighton & Hove AC	24	2236.3	6	492	7	598	5	540	6	606.3
3	South Bucks©	23	2201.3	5	488	5	515	6	552	7	646.3
4	Team West London©	15	1932.8	3	378.5	4	501	4	530	4	523.3
5	Bournemouth/New Forest Jun/Salisbury©	13	1660	4	387	3	489	3	361	3	423
6	Camberley & Dist. AC/Woking AC©	7	1024	2	320	2	247	1	202	2	255
7	Vale of Aylesbury AC	5	1080	1	301	1	242	2	321	1	216

NB *Points deducted for overuse of athlete(s)

Top team promoted to Premier division

Bottom 2 teams relegated to Division 2A

SOUTHERN DIVISION 1B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	30th April		28th May		25th June		30th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Cambridge Harriers	26	2718	7	750	6	617	6	622	7	729
2	Havering AC	25	2301.5	6	537	7	660.5	7	624	5	480
3	Medway & Maidstone	20	2419.5	4	505	5	598.5	5	613	6	703
4	Tonbridge AC	16	1985	5	506	4	579	3	489	4	411
5	Croydon AC	12	1845	3	488	3	477	4	519	2	361
6	Basildon AC	9	1469.5	2	376	2	450.5	2	266	3	377
7	Newham & Essex Beagles AC	4	743.5	1	182	1	197.5	1	190	1	174

Promoted to Premier division

Top team promoted to Premier division

Bottom 2 teams relegated to Division 2B

SOUTHERN DIVISION 2A		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	30th April		28th May		25th June		30th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Stevenage & North Herts/HAWCS©	23	1428	6	444	5	341	6	296	6	347
2	Kingston AC & Polytechnic Harriers	18	1180	5	330	6	429	4	285	3	136
3	Guildford & Godalming	15	834	1	123	4	196	5	291	5	224
4	Walton AC	12	676	3	155	3	192	2	152	4	177
5	Holland Sports AC	10	603	4	169	1	125	3	188	2	121
6	Highgate Heathside©	6	388	2	131	2	136	1	63	1	58

Promoted to division 1A

Promoted to division 1A

Top team promotion to Division 1A

SOUTHERN DIVISION 2B		TOTAL LEAGUE POINTS	TOTAL MATCH POINTS	30th April		28th May		25th June		30th July	
				LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS	LEAGUE POINTS	MATCH POINTS
1	Herne Hill Harriers	26	2533.5	7	807	7	676	7	616.5	5	434
2	Bexley AC	22	1993	3	392.5	6	510	6	528.5	7	562
3	Dartford Harriers	21	1947	5	426	5	478	5	507	6	536
4	Woodford Green with Essex Ladies	16	1577	4	398	4	364	4	485	4	330
5	Team Sussex©	11	963	6	459	2	242	2	111	1	151
6	Victoria Park & Tower Hamlets AC	9	1104.5	1	226.5	3	321	3	299	2	258
7	Team ATIP ©	7	803	2	246	1	225	1	72	3	260

Promoted to division 1B

Promoted to division 1B

Top 2 teams promotion to Division 1B

15/08/2023

YDL 2023 UPPER AGE GROUP MIDLAND

MIDLAND PREMIER N/E	TOTAL		30th April		28th May		25th June	
	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL
	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS
1 Rugby & Northampton AC	18	2085.5	6	755.5	6	718	6	612
2 Birchfield Harriers	15	1558.5	5	552	5	461.5	5	545
3 Notts AC	11	1387.5	4	476.5	4	446	3	465
4 Northampton AC	10	1295	3	376	3	416	4	503
5 Coventry Godiva Harriers & Leamington C&AC	9	950.5	2	357	2	365.5	1	228
6 Marshall Milton Keynes AC	4	1051	1	345	1	307	2	399

To Regional Final

To Regional Final

To Regional Final

Relegated to NE A, B, or C

To N/E Promotion match

Top 3 teams to Regional Final

Bottom 2 teams to N/E Promotion match

Midland Regional Final		Points
1 Rugby & Northampton AC		754
2 Team Avon*		688.5
3 Cheltenham & County Harriers		515
4 Birchfield Harriers		508
5 Swansea Harriers AC		468.5
6 Notts AC		434

To National Final

To National Final

MIDLAND PREMIER S/W	TOTAL		30th April		28th May		25th June	
	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL
	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS
1 Team Avon©	15	1768.4	5	655	5	571	5	542.4
2 Cheltenham & County Harriers	11	1229.4	4	436	4	389	3	404.4
3 Swansea Harriers AC	9	1161.9	2	343.5	3	336	4	482.4
4 East Wales©	7	949.5	3	352.5	2	324	2	273
5 Cardiff Archers AC	3	839.8	1	314	1	283	1	242.8

To Regional Final

To Regional Final

To Regional Final

To S/W Promotion match

To S/W Promotion match

Top 3 teams to Regional Final

Bottom 2 teams to South/West Promotion match

South/West Area promotion		Points
1 Cardiff Athletics		485
2 East Wales*		461
3 Cardiff Archers AC		426
4 West Wales*		424
5 South Wales*		117

To Premier S/W

To Premier S/W

MIDLANDS NORTH/EAST	TOTAL		30th April		28th May		25th June	
	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL
	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS
1 Charnwood AC	24	1645	8	507	8	558	8	580
2 Burton AC	20	1088	7	384	6	378	7	326
3 Derby AC	17	932	6	379	7	385	4	168
4 City of Stoke AC	15	904	5	370	4	294	6	240
5 Leicester Coritanian AC	10	639	2	156	5	354	3	129
6 Tamworth AC	10	561	3	197	2	165	5	199
7 Amber Valley & Erewash AC	9	568	4	231	3	222	2	115
8 Saffron AC	3	231	1	120	1	46	1	65

To N/E Promotion match

declined invitation

Top 2 teams to North/East Area Promotion match

North/East Area promotion		Points
1 Marshall Milton Keynes AC		514
2 Charnwood AC		415
3 Wolverhampton & Bilston AC*		400
4 Solihull & Small Heath AC		383
5 Tipton Harriers		294
6 Kidderminster & Stourport AC		158

To Premier N/E

To Premier N/E

*Points deducted for overuse of an athlete

MIDLANDS NORTH/EAST B	TOTAL		30th April		28th May		25th June	
	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL
	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS
1 Solihull & Small Heath AC	14	864	4	286	5	285	5	293
2 Kidderminster & Stourport AC	10	698	3	235	3	227	4	236
3 Shrewsbury AC	9	701	5	325	2	203	2	173
4 Royal Sutton Coldfield AC	9	599	2	194	4	228	3	177
5 Daventry AAC	3	225	1	68	1	80	1	77

To N/E Promotion match

To N/E Promotion match

Top 2 teams to North/East Area Promotion match

MIDLANDS NORTH/EAST C	TOTAL		30th April		28th May		25th June	
	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL
	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS
1 Wolverhampton & Bilston AC	14	1038	4	338	5	319	5	381
2 Tipton Harriers	13	952	5	346	4	293	4	313
3 Cannock & Stafford AC	9	807	3	277	3	290	3	240
4 Telford AC	5	564	2	199	2	224	1	141
5 Halesowen A & CC	4	385	1	130	1	88	2	167

To N/E Promotion match

To N/E Promotion match

Top 2 teams to North/East Area Promotion match

MIDLANDS SOUTH/WEST	TOTAL		30th April		28th May		25th June	
	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL	LEAGUE	TOTAL
	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS	POINTS
1 Cardiff Athletics	12	1103	4	353	4	440	4	310
2 West Wales©	9	754	3	229	3	322	3	203
3 South Wales©	6	462	2	145	2	148	2	169
6 Team Green©	3	286	1	120	1	66	1	100

To S/W Promotion match

To S/W Promotion match

To S/W Promotion match

To S/W Promotion match

All teams to South/West Area Promotion match