

YDL 2025 UPPER AGE GROUP LEAGUE STRUCTURE - SOUTHERN (as at 12 February)

Premier		Date & Venue
1	Blackheath & Bromley Harriers	SUN 27 Apr at Norman Park, Bromley
2	Harrow & Dacorum ©	
3	Havering AC	
4	Reading AC	
5	Shaftesbury Barnet Harriers	SUN 6 Jul at StoneX Stadium
6	Windsor, Slough, Eton & Hounslow AC	SUN 25 May at Thames Valley Athletics Centre

Division 1A		Date & Venue
1	Bournemouth/New Forest/Salisbury ©	SUN 6 Jul at Kings Park, Bournemouth
2	Camberley & Dist. AC/Woking AC ©	SUN 25 May at Woking Sportsbox
3	Portsmouth & Winchester ©	SUN 27 Apr at University of Winchester
4	Stevenage & North Herts/HAWCS ©	
5	Team West London ©	
6	Wycombe & Chiltern ©	

Division 1B		Date & Venue
1	Basildon AC	
2	Cambridge Harriers AC	SUN 25 May at Sutcliffe Park
3	Crawley AC	
4	Croydon Harriers	
5	Medway & Maidstone AC	SUN 6 Jul at Medway Park
6	Woodford Green with Essex Ladies AC	SUN 27 Apr at Ashton Playing Fields

Division 2A		Date & Venue
1	Guildford & Godalming AC	SUN 6 Jul at Guildford Spectrum Athletic Track
2	Hillingdon AC	SUN 25 May at Hillingdon Athletics Centre
3	Sutton & District AC	SUN 27 Apr at David Weir Athletics Centre, Carshalton
4	Vale of Aylesbury AC	
5	Walton AC	
6	Waverley AC	co-hosting on 27 Apr at Carshalton

Division 2B		Date & Venue
1	Brighton & Hove AC	SUN 27 Apr at Withdean Stadium
2	Dartford Harriers	
3	Epsom & Ewell Harriers	
4	Highgate Heathside ©	Sun 6 Jul at Finsbury Park
5	Holland Sports AC & Dorking & Mole Valley©	
6	Kingston AC & St Mary's ©	SUN 25 May at Weir Archer Athletics Track
7	Team Sussex ©	

Division 2C		Date & Venue
1	Bexley AC	SUN 6 Jul at Erith Stadium
2	Herne Hill Harriers	SUN 25 May at Tooting Bec Athletics Track
3	Newham & Essex Beagles	
4	S Factor Academy	
5	Team ASIP ©	SUN 3 Aug at Julie Rose Stadium, Ashford
6	Tonbridge AC	
7	Victoria Park & Tower Hamlets AC	

© composite team

17/02/2025