

**YDL 2025 UPPER AGE GROUP LEAGUE STRUCTURE - SOUTHERN (as at 12 February)**

Premier		Date & Venue
1	<b>Blackheath &amp; Bromley Harriers</b>	SUN 27 Apr at Norman Park, Bromley
2	Harrow & Dacorum ©	
3	Essex Harriers	
4	Reading AC	
5	<b>Shaftesbury Barnet Harriers</b>	SUN 6 Jul at StoneX Stadium
6	<b>Windsor, Slough, Eton &amp; Hounslow AC</b>	SUN 25 May at Thames Valley Athletics Centre

Division 1A		Date & Venue
1	<b>Bournemouth/New Forest/Salisbury ©</b>	SUN 6 Jul at Kings Park, Bournemouth
2	<b>Camberley &amp; Dist. AC/Woking AC ©</b>	SUN 25 May at Woking Sportsbox
3	<b>Portsmouth &amp; Winchester ©</b>	SUN 27 Apr at University of Winchester
4	Stevenage & North Herts/HAWCS ©	
5	Team West London ©	
6	Wycombe & Chiltern ©	

Division 1B		Date & Venue
1	<b>Basildon AC</b>	
2	<b>Cambridge Harriers AC</b>	SUN 25 May at Sutcliffe Park
3	Crawley AC	
4	Croydon Harriers	
5	<b>Medway &amp; Maidstone AC</b>	SUN 6 Jul at Medway Park
6	<b>Woodford Green with Essex Ladies AC</b>	SUN 27 Apr at Ashton Playing Fields

Division 2A		Date & Venue
1	<b>Guildford &amp; Godalming AC</b>	SUN 6 Jul at Guildford Spectrum Athletic Track
2	<b>Hillingdon AC</b>	SUN 25 May at Hillingdon Athletics Centre
3	<b>Sutton &amp; District AC</b>	SUN 27 Apr at David Weir Athletics Centre, Carshalton
4	Vale of Aylesbury AC	
5	Walton AC	
6	Waverley AC	co-hosting on 27 Apr at Carshalton

Division 2B		Date & Venue
1	<b>Brighton &amp; Hove AC</b>	SUN 27 Apr at Withdean Stadium
2	Dartford Harriers	
3	Epsom & Ewell Harriers	
4	<b>Highgate Heathside ©</b>	SUN 6 Jul at Finsbury Park
5	Holland Sports AC & Dorking & Mole Valley©	
6	<b>Kingston AC &amp; St Mary's ©</b>	SUN 25 May at Weir Archer Athletics Track
7	Team Sussex ©	

Division 2C		Date & Venue
1	<b>Bexley AC</b>	SUN 6 Jul at Erith Stadium
2	<b>Herne Hill Harriers</b>	SUN 25 May at Tooting Bec Athletics Track
3	Newham & Essex Beagles	
4	S Factor Academy	
5	<b>Team ASIP ©</b>	SUN 3 Aug at Julie Rose Stadium, Ashford
6	Tonbridge AC	
7	Victoria Park & Tower Hamlets AC	

© composite team

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